

BREAKFAST

August 3 - August 7

Scrambled Eggs

V, M, E

Scrambled Egg Whites

V, E, M

Fried Eggs

V, E

Egg & Toast Toppings

- Sprouts VG
- Sliced Tomatoes VG
- House made salsa V
- Avocado VG
- Corn Tortilla VG

Smoked Salmon Platter

cream cheese, fresh tomato, red onion, capers, lemon, hard boiled eggs

F, E, M

Avocado Toast

avocado purée, sea salt, scallions, on sourdough bread or multigrain

VG, W

Daily Pastries

croissants, scones, muffins

W, TN, VG

Vegan Mango Protein Shake

Mango, Honey, Plant Protein, Coconut Milk
V, TN

Blueberry Over

Night Oats

Rolled Oats, Oat Milk, Agave, Cinnamon, Vanilla, Fresh Blueberries, House Granola

VG

Bento Snack Box

Hard Cooked Egg, Grapes, Cheddar Cheese, Crackers

E, M

Monday

Chicken Sausage and Cheese Quiche

E, M, W

Tuesday

Turkey Sausage English Muffin Sandwich with Cheddar Cheese

E, M, W

Wednesday

Zucchini and Bell Peppers Scramble with Hash Browns and Jack Cheese

E, M

Thursday

Gluten Free Blueberry Pancakes with Lemon Compote and Powdered Sugar

E, S

Friday

No service on Friday