

LUNCH

STATION	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Entrée	Teriyaki Steak Bowl Brown Rice, Broccoli, Pickled Ginger, Carrot, Endamame, Crispy Onion, Bell Peppers, Sesame Kale, Furikake, Teriyaki (SE,)	Mediterranean Chicken Pasta Onion, Sundries Tomatoes, Capers, Olives, Parsley, Lemon Juice, Penne Pasta (W)	Salmon Florentine Seared Salmon, Spinach, Mushrooms, Coconut Cream, Broth, Wild Rice (TN, F)	Turkey Mole Shredded Turkey, Mole, Corn Tortilla, Cotija, Lime, Cilantro, Pickled Red Onion, Radish, Red Rice (M)	Bow & Arrow Cafe and Coffee Bar will be closed for detailed maintenance and cleaning
Bistro	Loaded Grilled Cheese Caramelized Onions, Roasted Tomatoes, Cheddar, Havarti (W, M)	Spinach & Artichoke Dip Cheese, Chopped Artichoke, Spinach, Crackers, Bread, Tortilla Chips (W, M)	Butternut Squash & Ricotta Ravioli Butternut Squash, Bechamel, Garlic Kale, Roasted Grape Tomatoes, Ricotta Cheese, Ravioli, Balsamic Glaze (M,W)	Loaded Baked Potato Bar Cheddar, Creme Fraiche, Scallions, Bacon, Butter (M)	Bow & Arrow Cafe and Coffee Bar will be closed for detailed maintenance and cleaning
Hand Held	Hot Honey Salmon Sando Red Leaf Lettuce, Pickled Onion, Roasted Red Bell Peppers, Avocado, Jalapeno, Hot Honey, Salmon, Multi Grain Bun (W)	Tri-Tip Melt Shaved Trip Tip, Onion Ring, Pepper Jack, Chipotle BBQ, Sourdough (W,M) Shrimp Burrito Garlic Citrus Shrimp, Oaxacan Cheese, Pico De Gallo, Cabbage, Cilantro Lime Salsa (SF, M, W)	Chicken Shwarma Pita Smoked Chicken, Tomatoes, Lettuce, Pickles, Pesto, Spinach Flour Tortilla (W,M,TN) Beef Broccoli Wrap Tamari, Vinegar, Palm Sugar, Mirren, Scallions, Sesame, Plant Based Beef, Flour Tortilla (W, SE, S)	Mini Smash Burgers Pickled Jalapeno, Chipotle Aioli, Grilled Onion, Cheddar Cheese, Slider Bun (M, W) Lamb Bowl Lamb Souvlaki, Mango Chutney, Grilled Tomato, Grilled Jalapeno, Mint	Bow & Arrow Cafe and Coffee Bar will be closed for detailed maintenance and cleaning
Salad	Beet Salad Mixed Greens, Pickled Beets, Goat Cheese, Candied Walnuts, Cherry Tomatoes (TN)	Pear & Walnut Salad escarole, castelfranco, basil, pecorino cheese, red onion, maple-walnut vinaigrette V, M, TN	Melon Salad arugula, cavaillon melon, cucumber, pickled onion, watermelon, mint, sunflower seeds, citrus-honey dressing V	Rainbow Salad roasted tri-color cauliflower, heirloom grape tomato, roasted peppers, shaved carrots, pickled golden beets, frisée, whole grain mustard vinaigrette VG	Bow & Arrow Cafe and Coffee Bar will be closed for detailed maintenance and cleaning
Soup	Turkey & Bean Chili Creamy Tomato Soup (V, M)	Chicken & Lemongrass Soup (S) Cucumber Gazpacho	Chicken Noodle Soup (E, W) Corn Chowder (W,M)	Tom Kha Gai (F, S) Vegetable Soup (V, M)	Bow & Arrow Cafe and Coffee Bar will be closed for detailed maintenance and cleaning

PLEASE NOTE ALLERGENS LISTED UNDER MENU ITEMS:

VEGETARIAN (V) | VEGAN (VG) | CONTAINS MILK (M) | TREE NUTS (TN) | PEANUTS (PN) | CONTAINS FISH (F) | CONTAINS SHELLFISH (SF) | CONTAINS SOY (S) | CONTAINS EGGS (E) | CONTAINS SESAME (Se) | CONTAINS WHEAT (W)